

DRUG AND ALCOHOL COUNSELING AND TREATMENT RESOURCES

Dial 911 or go directly to a **Hospital Emergency Room** for an emergent issue.

WACO AREA HOSPITAL EMERGENCY ROOMs

Baylor Scott & White Medical Center
100 Hillcrest Medical Blvd
Waco, TX 76712
(254) 202-2000

Ascension Providence Hospital
6901 Medical Parkway
Waco, TX 76712
(254) 751-4000

Contact UMR at 1.877.370.8951 for a list of additional in-network Hospital Emergency Rooms.

Additional service available through UMR.

[24/7 Teledoc](#)

1.800.835.2362

Baylor University offers an **Employee Assistance Program (EAP)** through Optum Health. All employees are eligible to receive five (5) free counseling sessions (per issue) with a counselor. Counseling and other services are available to faculty and staff (and their household family members).

To register online, go to liveandworkwell.com. The phone number for the EAP is 866.248.4096.

ADDICTION PSYCHIATRY AND PSYCHOLOGY PROVIDERS

[Austin](#)
[Houston](#)

[Dallas](#)
[San Antonio](#)

[El Paso](#)
[Waco](#)

[Fort Worth](#)

PSYCHIATRIC HOSPITALS AND SUBSTANCE ABUSE REHABILITATION FACILITIES

[Austin](#)
[Houston](#)

[Dallas](#)
[San Antonio](#)

[El Paso](#)
[Waco](#)

[Fort Worth](#)

NATIONAL RESOURCES FOR COUNSELORS AND TREATMENT PROGRAMS

Alcoholics Anonymous: www.aa.org

American Association of Christian Counselors: www.aacc.net

National Council on Alcoholism and Drug Dependence: www.ncadd.org

National Institute on Alcohol Abuse and Alcoholism: www.niaaa.nih.gov

Psychology Today: www.psychologytoday.com