## SPIRITUAL DIRECTORS

Spiritual Direction is a historic practice of the church that involves accompanying others in prayerful reflection and conversation as they attend to God's presence and calling in their lives and grow in Christian maturity. Growing a life with God is an essential dimension of the Christian journey. We grow best when we make the journey with others who give the gift of "one anothering" through prayer and encouragement. The ministry of spiritual direction is one form of relationship that responds to this need.

Below are links to networks of Spiritual Directors, as well as Spiritual Direction through Truett Seminary. Many meet via video-conference, which means the search isn't limited to those meeting in-person around Waco.

**Evangelical Spiritual Direction Association** *graftedlife.org/spiritual-direction/find-a-spiritual-director* 

Ignatian Spiritual Direction Initiative jesuitseastois.org/ignatian-spiritual-direction-home

**Lumen Center for Mission and Spirituality** *lumencenter.org* 

Soul Shepherding soulshepherding.org

## **Truett Seminary Spiritual Direction**

truettseminary.baylor.edu/programs-centers/spiritual-formation-program/spiritual-direction-truett-community