SPIRITUAL DIRECTORS

Spiritual Direction is a historic practice of the church that involves accompanying others in prayerful reflection and conversation as they attend to God's presence and calling in their lives and grow in Christian maturity. Growing a life with God is an essential dimension of the Christian journey. We grow best when we make the journey with others who give the gift of "one anothering" through prayer and encouragement. The ministry of spiritual direction is one form of relationship that responds to this need.

Below are links to networks of Spiritual Directors, as well as Spiritual Direction through Truett Seminary. Many meet via video-conference, which means the search isn’t limited to those meeting in-person around Waco.

Evangelical Spiritual Direction Association
graftedlife.org/spiritual-direction/find-a-spiritual-director

Ignatian Spiritual Direction Initiative
jesuitseastois.org/ignatian-spiritual-direction-home

Lumen Center for Mission and Spirituality
lumencenter.org

Soul Shepherding
soulshepherding.org

Truett Seminary Spiritual Direction
truettseminary.baylor.edu/programs-centers/spiritual-formation-program/spiritual-direction-truett-community