

# Wellbeing support is just an app away.

These mobile apps are a great way to support your Wellbeing anytime, anywhere.

## **Cigna Dental**

The myCigna app gives you a new and improved way to easily access your important health information. You must be a Cigna customer to use the secure myCigna mobile app.

[Google Play](#)

[App Store](#)

## **CVS Caremark**

The CVS/caremark™ app lets you refill or request new mail service prescriptions, track order status, view prescription history and more. You must have CVS/caremark prescription benefits to use the app: If you're not sure, check your health insurance plan information to confirm.

[Google Play](#)

[App Store](#)

## **EyeMed**

The EyeMed app gives you the ability to view your benefits and eligibility, find an in-network eye doctor, check on claims, and more...

[Google Play](#)

[App Store](#)

## **Wondr**

Download the Wondr app to access your Wondr Health program anytime, anywhere. Wondr takes what we've been told to believe about health and weight loss... and flips it upside down. Forget the points, plans and restrictions. Our skills-based digital weight loss program will teach you the science of how to eat the foods you love so you can lose weight, feel better and live stronger. Get started or continue your journey now with the app.

[Google Play](#)

[App Store](#)