

# Wellbeing support is just an app away.

These mobile apps are a great way to support your Wellbeing anytime, anywhere.

## **AlwaysOn Wellness**

AlwaysOn® Wellness connects you with your organization's wellness program 24/7, so you can stay engaged anytime, anywhere. With the AlwaysOn app, you can take your health assessment, connect with 80+ tracking devices and applications, including Samsung Health and many more.

[Google Play](#)

[App Store](#)

## **Blue Cross Blue Shield of Texas**

The BCBSTX app provides access to the Blue Cross and Blue Shield of Texas member information and resources.

[Google Play](#)

[App Store](#)

## **Cigna Dental**

The myCigna app gives you a new and improved way to easily access your important health information. You must be a Cigna customer to use the secure myCigna mobile app.

[Google Play](#)

[App Store](#)

## **CVS Caremark**

The CVS/caremark™ app lets you refill or request new mail service prescriptions, track order status, view prescription history and more. You must have CVS/caremark prescription benefits to use the app: If you're not sure, check your health insurance plan information to confirm.

[Google Play](#)

[App Store](#)

## **EyeMed**

The EyeMed app gives you the ability to view your benefits and eligibility, find an in-network eye doctor, check on claims, and more...

[Google Play](#)

[App Store](#)

## **MDLive**

Have an MDLIVE virtual doctor visit with board-certified physicians from the comfort and convenience of your own home or from wherever you are, whenever you want – nights, after hours, weekends and holidays.

[Google Play](#)

[App Store](#)

## **Wondr**

Download the Wondr app to access your Wondr Health program anytime, anywhere. Wondr takes what we've been told to believe about health and weight loss... and flips it upside down. Forget the points, plans and restrictions. Our skills-based digital weight loss program will teach you the science of how to eat the foods you love so you can lose weight, feel better and live stronger. Get started or continue your journey now with the app.

[Google Play](#)

[App Store](#)

## **Weight Watchers**

We've got weight loss down to a science. With WW (Weight Watchers® Reimagined), all you need to do is be you! Let our new, in-depth personal assessment get to know you first—from there, we'll scientifically match you with a personalized weight-loss plan. Plus, the new myWW+ has even more of what you need to lose weight. Tap, track, and succeed, in one simple-to-use, award-winning app.

[Google Play](#)

[App Store](#)